



Army Strong

More than a Slogan... the Key to



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ARMY MEDICINE

Bringing Value...Inspiring Trust



Army Medicine's Role in Strength & Resilience

LTG Eric B. Schoomaker
The Army Surgeon General
and
Commanding General, U.S.
Army Medical Command
24 January 2011



“Army Medicine: *Bringing Value...Inspiring Trust*”

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Current Reality -A Call for Resilience

- **9 Years War – Multiple Rotations with AVF**
- **Cumulative Stress Impacting Readiness, Performance, & Relationships**
- **Era of Persistent Conflict**

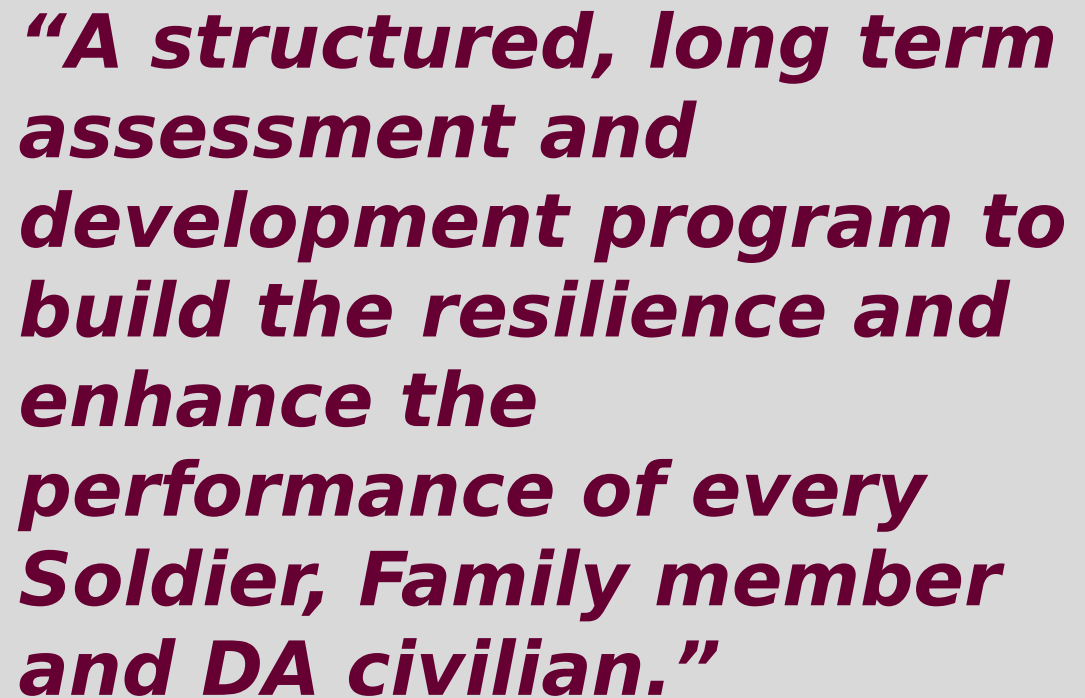


“It is the responsibility of the senior Army leadership, therefore, to ensure that our soldiers, family members, Army civilians are prepared – both physically and psychologically – to continue to serve and/or to support those in combat for years to come.”

**GEN George W. Casey Jr.
American Psychologist JAN 2011**



Comprehensive Soldier Fitness



GEN George W. Casey Jr.



Definition of Resilience

- ***"Resilience is the ability to grow and thrive in the face of challenges and bounce back from adversity."***

Army Comprehensive Soldier Fitness

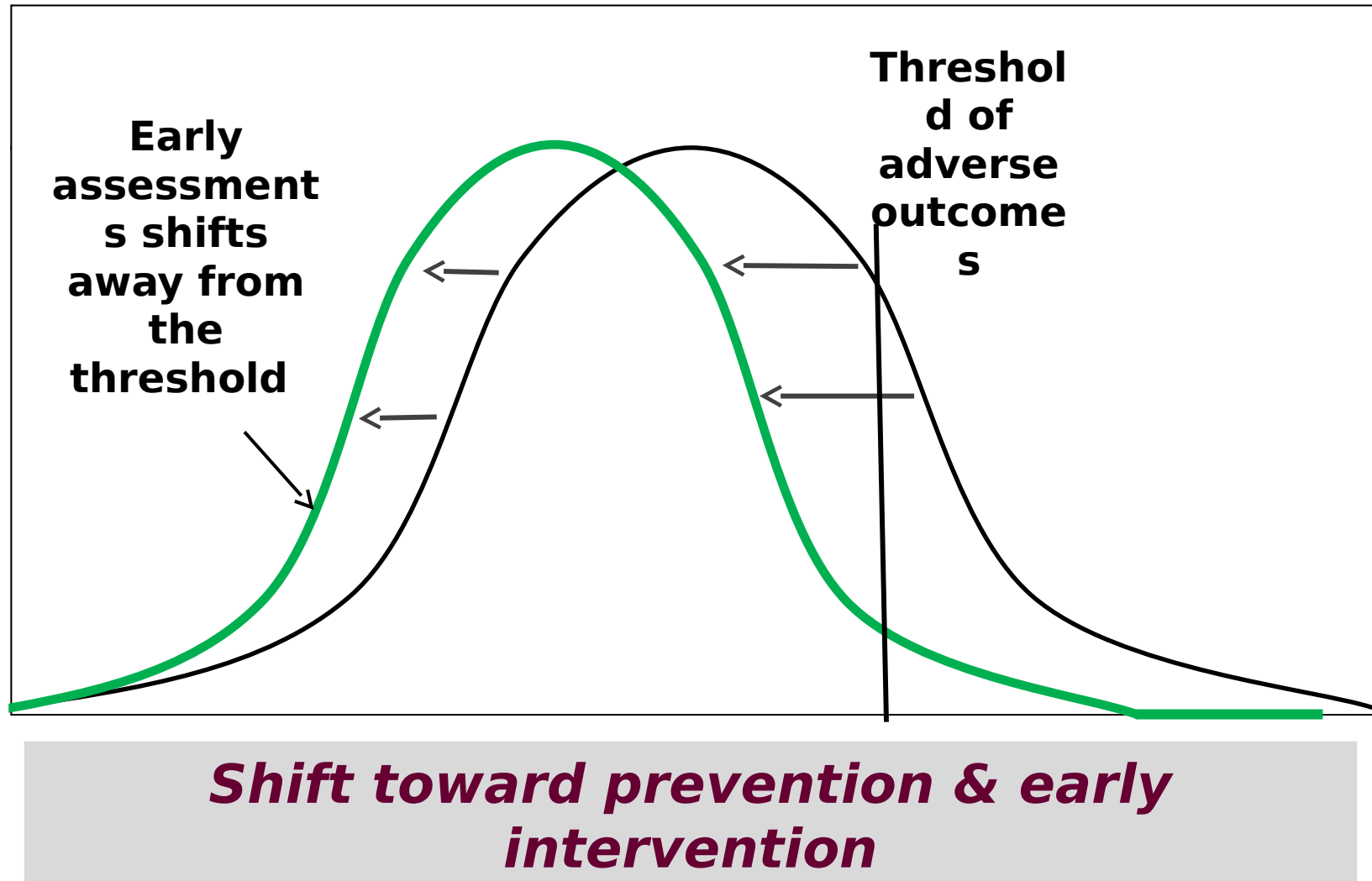
- **Dynamic construct with two dimensions**
 - ability to adapt and cope to effectively manage stressors
 - capacity to bounce back from setbacks



Relies on both preventive and restorative resources to sustain strength and well-being

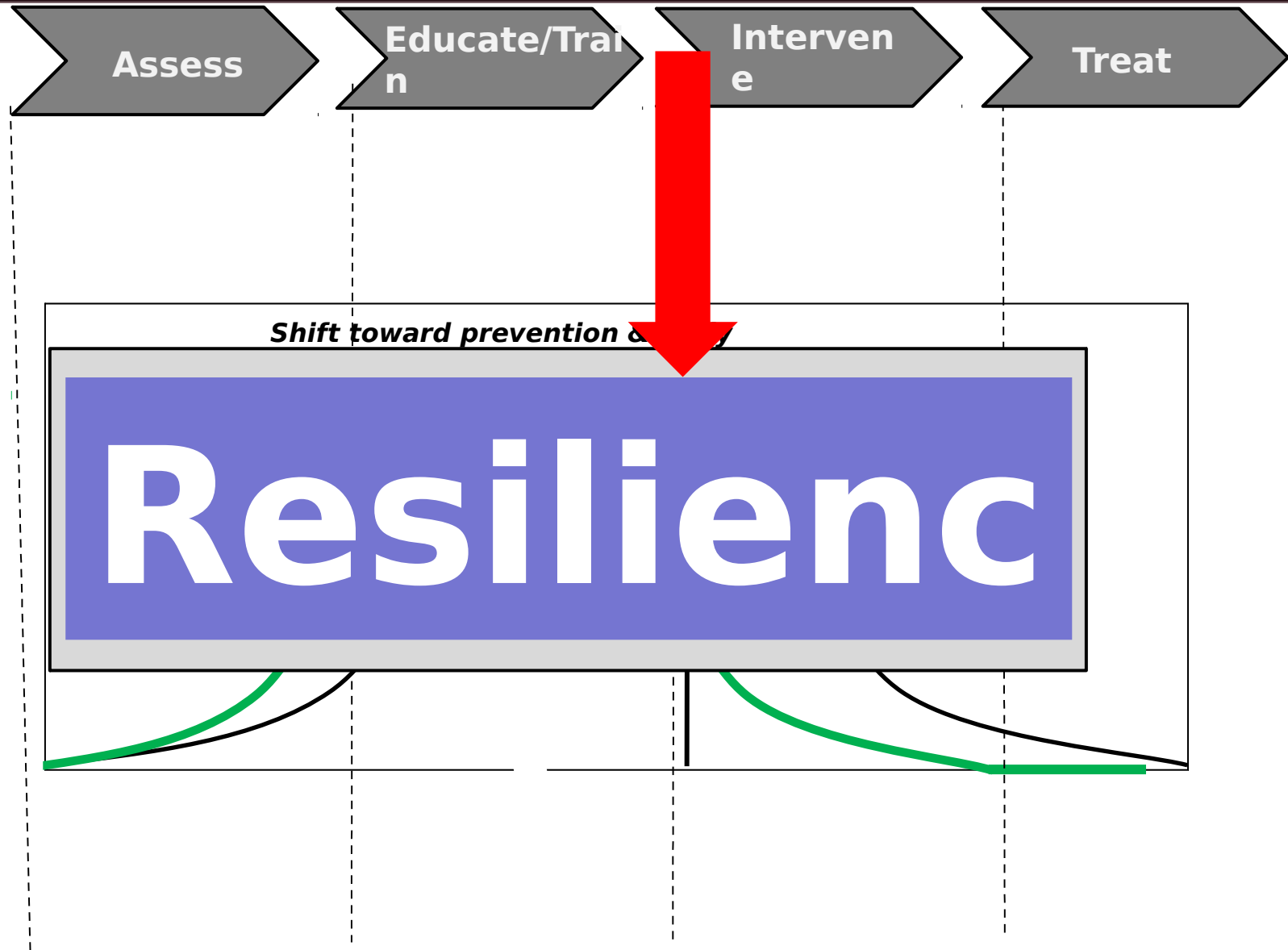


Continuum of Strength & Resilience





Building & Sustaining Resilience





Building & Sustaining Resilience

Resilience

**Asses
s**

**Educate/Tra
in**

Intervene

Treat

Physical

mTBI/Concussion Protocols

Emotional

Comprehensive Behavioral Health System of Care

Social

Family

***An Enterprise Matrix of Programs
Building & Sustaining Soldiers & Families***

Spiritual

Chaplain's Strong Bonds



Army Medicine Strategy Map

Mission

- Promote, Sustain and Enhance Soldier Health
- Train, Develop and Equip a Medical Force that Supports Full Spectrum Operations
- Deliver Leading Edge Health Services to Our Warriors and Military Family to Optimize Outcomes

May 2010

Vision

America's Premier Medical Team Saving Lives, Fostering Healthy and Resilient People, and Inspiring Trust
Army Medicine...Army Strong!

Strategic Themes & Results

Maximize Value
in Health
Services.

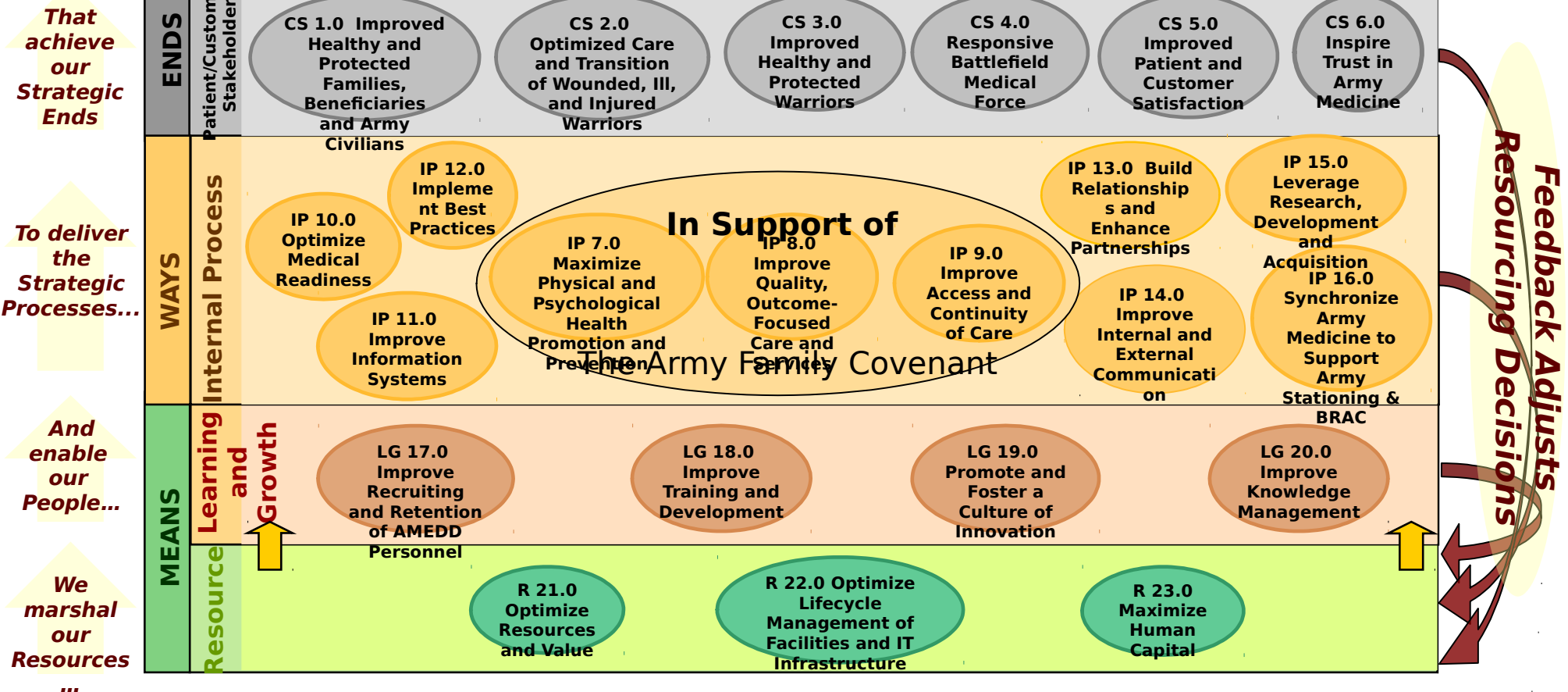
Provide Global
Operational
Forces

Build the Team

Balance
Innovation with
Standardization

Optimize
Communication and
Knowledge
Management

SUSTAIN PREPARE RESET TRANSFORM





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Comprehensive Behavioral Health System of Care

ARFORGEN

TOUCH POINT #2

Pre-deployment brief: Family training. Encourage Comprehensive

TOUCH POINT #3
Deployment
voluntary

TOUCH POINT #1

Pre-deployment Health Assessment: Screening and intervention for Soldier's deployability and both family & Soldier risk assessment.

**Available/
Deployed**

TOUCH POINT #4

In-theater prior to re-deployment: Screening for risk assessment.

TOUCH POINT #5

Reintegration PDHA: Redeployment screening for risk assessment with additional BH assessment and wellness intervention.

**Train/
Ready**

TOUCH POINT #8

Re-deployment brief #2 Post Honeymoon
Family training and voluntary screening.

TOUCH POINT #6

Re-deployment brief #1:
Family training and voluntary screening.

Reset

TOUCH POINT #7

Reintegration PDHRA: Post re-deployment screening and intervention for risk assessment with additional BH assessment and wellness intervention.

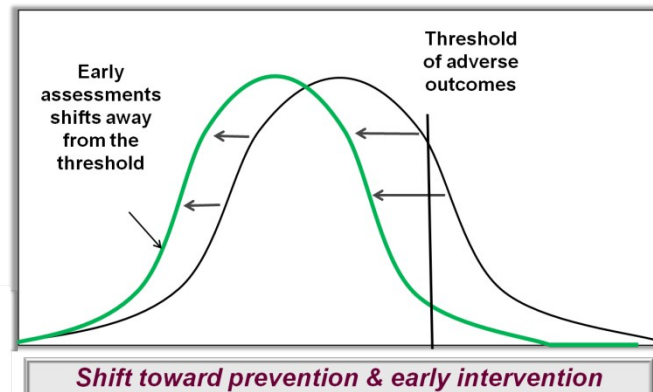




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Traumatic Brain Injury Program

- **Purpose**
 - **Standardized, comprehensive program**
 - **Integrated care and services from point-of-injury on**
 - **Educate-Train-Treat-Track**
- **Event driven process; codifying in Directive Type Memorandum**
- **Leader assessments and medical evaluations after specified events**
- **Mandatory 24-hour downtime, Medical clearance before returning to duty**
- **Comprehensive medical evaluations for anyone sustaining 3 concussions within 12 months**
- **Invested over \$360 million**





Care Access & Continuity



Patient Centered Medical Home

- Personal Primary Care Team
- Expanded Access with Continuity of Care
- Comprehensive Primary Care Services
- Care Management
- **We are committed to**
Improved access and continuity of
Integrated **care**
- Improve Satisfaction

Right Provider



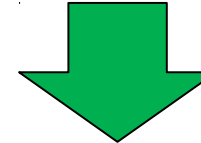
Right Time

Right Venue



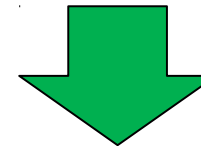
Enterprise Approach to Strength & Resilience

- **Soldier & Family**



- **Organizational AMEDD**

- RMC Reorganization
- Readiness Cells
- Public Health Command
- PBAM



- **Army Enterprise**

- Human Capital Core Enterprise
- Readiness C.E.
- Materiel C.E.
- Services & Infrastructure C.E.



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Trust



The Army's Home for
Saving Lives and Fostering
Healthy and Resilient People

~ A Partnership Built on
Trust

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